*International Journal of Minor Fruits, Medicinal and Aromatic Plants. Vol. 5 (1) : 01- 06, June 2019*

**Aloe vera –Gift to mankind**

**Debjit Bhowmik**

*Principal, Himachal Pharmacy College.*

*Village : Majhauli /Maganpura Ropar - Nalagarh Road (Nalagarh ) Distt. Solan . Himachal Pradesh. PIN-174101, India*

[*Email : debjit\_cr@yahoo.com*](mailto:debjit_cr@yahoo.com)

*Received : 29.06.18 ; Revised : 20.04.19 ; Accepted : 25.04.19*

**ABSTRACT**

***FOCUS***

*Aloe vera plants consist mostly of 95% water and they are not habitat of cold regions. That is the region they are mostly found in tropical and subtropical region. Hot climate suits the growth of Aloe Vera plants. Growing aloe Vera plants in warm climates make them flourish and widely spread. Planting of Aloe vera should be in full sun. On reaching maturity, one can harvest aloe for its nutritional benefits. To harvest leaves from aloe vera, mature leaves to be selected from the outermost section of the plant. It should be cut as close to the base as possible without disturbing the roots.*

***Keywords* :** Aloe vera, cultivation, chemical properties, health benefits, future research